

Emergency First Aid At Work

Level 2

A one day approved training course on Emergency First Aid at Work



Active First Aid





Course Syllabus

- Role & Responsibilities of an Emergency First Aider
- · Assessing an Incident & Casualty Assessment
- Managing an Unresponsive Casualty
- Basic Life Support & CPR
- Choking
- Wounds and Bleeding
- Shock
- Burns
- Minor Injuries
- Review & Quiz

Our Emergency First Aid at Work - Level 2 course is designed for employees of organisations who require First Aid training in accordance legislation and any risk assessment conducted by the company.

Designed for individuals who are already working or preparing to work in an industry that requires this level of training, this qualification ensures that delegates attain the necessary competence and confidence to maintain good practices in the safe, prompt, and effective treatment of injuries and ill health in the workplace.

Learning Outcomes

By the end of the training session the attendees will be able to:

- Define their role as an emergency first aider.
- Describe how to minimise risks to themselves and others.
- Identify first aid equipment and how to use it.
- Describe how to conduct a scene survey, a casualty assessment and call for help.
- Demonstrate how to administer Cardio Pulmonary Resuscitation (CPR) using a mannequin doll.
- Describe how to identify and treat a choking casualty with a partially and completely blocked airway
- Demonstrate how to control severe external bleeding
- Describe signs and symptoms of shock and how to manage a casualty who is in shock.
- Describe how to manage a casualty with a burn and with other minor injuries.





Our Company

Active First Aid Training provides a range of first aid training courses to customers at different locations across the United Kingdom and Europe. The company is fully approved as a Training Centre and Active First Aid Training delivers courses compliant with the UK HSE Regulations and with European Resuscitation Guideline protocols.

Our team of customer focused instructors have an established history in training and hold formal approved teaching qualifications. Our training sessions can be taken as stand-alone standard courses, or can be modified for organisations that require specific information covered in the training sessions for their team members.



Active Solutions Consulting Group